

Written by Christian Ivanov
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Five different nations were golden during the first day of event finals at the world championships in Stuttgart, Germany. On men's floor exercise **Carlos Yulo** made history for the Philippines as the first ever-gold medalist at worlds. Yulo, who won the bronze a year ago, performed an impeccable routine (full twisting double layout, double front piked with a half turn, 2 ½ twists to Randi, 3 ½ twists punch front layout half, front full twist to front double twists and triple twist) to score 15.3 for his 6.5. **Artem**

Dolgopyat

from Israel matched his result from 2017 by winning the silver with a 15.2/6.4 (Zapata-1 ½ twisting double front first pass).

Xiao Ruoteng

posted 14.933/6.2 for the bronze. All-around champion

Nikita Nagornyy

(Russia) landed out of bound his Liukin (triple back) for seventh, while defending champion

Artur Dalaloyan

(Russia) missed his 2 ½ punch front double full, which lowered his start value and he placed fourth.

Simone Biles easily defended her gold medal on vault by performing superbly her Cheng (Yurchenko half on front handspring Rudi off) and Amanar (Yurchenko 2 ½ twists) vaults, which averaged 15.399. This was Biles' third gold medal in Stuttgart, which raises her total to record 17 gold medals in her career, and ties the record of legend Vitaly Scherbo at 23 total medals overall.

Jade Carey from the U.S. competed last in the final and matched her results on vault from two years ago by winning again the silver. Carey posted 14.833 for her Cheng and Amanar (.3 ND on her Amanar for a large step off the mat).

Ellie Downie

from Great Britain took the bronze with a Cheng and double twisting Yurchenko, which she performed exceptionally clean for 14.816. This was Downie's first ever-individual medal from world championships.

In the pommel horse final **Max Whitlock** reclaimed his title by performing the most difficulty at 7.0 and posting 15.5 for the win. This was the Brit's third world title after previously being victories in 2017 and 2019. Improving on the bronze medal from last year second was

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Lee Chih-kai

from Chinese Taipei who performed his unique flair routine with superb amplitude (flair to handstand down to flair, spindle in flairs, travels in flairs). Lee posted 15.433/6.5 for the silver.

Rhys McClenaghan

won a historic bronze medal for Ireland scoring a 15.4/6.4. McClenaghan posted the highest execution score of the final (9.0).

On uneven bars Belgium's **Nina Derwael** repeated as the champion earning 15.233/6.5 for her masterful routine (Nabieva, toe on Tkatchev half to Ezhova to stalder Shaposhnikova to Pak to Maloney half, toe full to full twisting double tuck stuck). "I am just really happy the routine I did today, with all the pressure and how I handled it", she commented afterwards.

Becky Downie

from Great Britain went one better than her sister's vault result by winning the silver on bars. Downie competed a 6.5 routine (most difficulty in the final along with Derwael) to post 15.0 and capture her first ever world individual medal as well. Third place finisher was

Sunisa Lee

from the U.S. posting 14.8/6.4.

There was a lot at stake in the rings final as five of the eight competitors in the field were seeking to capture the three available qualification spots to the Olympics. Top qualifier **Ibrahim Colak**

topped the field with a 14.933/6.2 for another historic achievement of the day, the first ever medal of any color for his native Turkey. "I am really happy right now, and I also made the Olympics", he told the media after the competition.

Marco Lodadio

from Italy improved on his bronze medal from a year ago by taking the silver with a 14.9/6.3. Competing last in the final

Samir Ait Said

won the bronze with a 14.8/6.2. The three medalists earned the right to compete at next year's Olympics in Tokyo. Three-time world defending champion

Eleftherios Petrounias

from Greece placed fourth after not executing to his best standards. Petrounias was making his return to competition following a shoulder surgery after last year's world championships. He will now have to seek qualification to the Olympics through the individual event World Cup Series, which he must win, in order to qualify.

The world championships conclude tomorrow with the second day of the individual event finals (men's vault, parallel bars and high bar, and women's balance beam and floor exercise).

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